

ACTIVITY INDEPENDENCE MEASURE-TRAUMA (AIM-T)

CORE	Changing and maintaining body position						
	Roll over	0	1	2	3	4	5
	Sit up and remain seated for 10 sec.	0	1	2	3	4	5
TOTAL Core subscale		___ / 10					

LOWER LIMB	Changing and maintaining body position						
	Stand up and remain standing for 10sec.	0	1	2	3	4	5
	Kneel down and stand up	0	1	2	3	4	5
	Walking and moving						
	Walk/Move around 14m	0	1	2	3	4	5
	Timed 10m walk/move around *	0	1	2	3	4	5
Climb up and down 10 steps	0	1	2	3	4	5	
TOTAL Lower Limb subscale		___ / 25					

UPPER LIMB	Fine hand use						
	Pick up a small object and manipulate	0	1	2	3	4	5
	Hand and arm use						
	Open a jar/bottle	0	1	2	3	4	5
	Reach lower back and grasp clothes	0	1	2	3	4	5
	Reach face and neck	0	1	2	3	4	5
	Lifting and carrying objects						
	Lift and Carry 5kg above shoulder level	0	1	2	3	4	5
TOTAL Upper Limb subscale		___ / 25					

0 = total dependence; 1 = need for human assistance; 2 = need for material assistance, with difficulties; 3 = need for material assistance, without difficulties; 4 = independence with difficulties; 5 = total independence

* For timed 10m walk/move: if >12.5 seconds: 0= total dependence; 1 = need for human assistance; if ≤12.5 seconds: 2 = need for material assistance, with difficulties; 3 = need for material assistance, without difficulties; 4 = independence with difficulties; 5 = total independence