**Supertowel™ - User instructions**

1. Take your Supertowel™
2. Soak your Supertowel™ in water
3. Wash your hands following below hand washing instructions
4. Rinse your Supertowel™ in water
5. Squeeze maximum amount of water out of the Supertowel™
6. Dry* your Supertowel™
   * Drying is not required for Supertowel™ to be efficient. Supertowel will sterilize itself while it is wet
7. If your Supertowel™ is dirty, you can rinse it in water or even wash it at up to 30°C
8. Your Supertowel™ is ready for next use

**Supertowel™ - Hand washing instructions**

1. Rotational rubbing your palms
2. Rub your forarms and the back of your hands on both hands
3. Rub between your fingers on both hands and from both sides using the fingers of the opposite hand
4. Rotational rubbing of your thumbs on both hands
5. Rotational rubbing backwards and forwards with clasped fingers of right hand in left palm and vice versa
6. Rub your fingertips on both hands

Your Supertowel™ is ready for next use.
Supertowel™ – Clean hands – healthier lives

Always wash your hands:

- Before eating
- Before preparing food
- Before feeding a child
- After using the toilet
- After handling child faeces or cleaning a child’s bottom